We are pleased to invite you to the Longhorns ®
Sports Medicine Camp for athletic training students.
Few experiences better prepare you to pursue
athletic training at your high school, at the
collegiate level, or as a career. As a participant in
our camp, you receive a comprehensive overview
of all aspects of athletic training, from anatomy to
athletic training room management. You also receive
one-on-one instruction in taping techniques,
injury evaluation, rehabilitation and emergency
procedures.

Our camp graduates are able to take the skills
and lessons learned during the workshop to their
high school setting and practice them in their own
athletic training rooms.

During the camp, you have the chance to experience
the atmosphere at The University of Texas, one of the
nation’s premiere institutions of higher learning as
well as a leader in the fields of athletic training and
sports medicine.

Our participants enjoy meeting other students
from around the country who share an interest
in athletic training and the opportunity to work
with some of the most respected professionals
in sports medicine.

We are looking forward to having you be a part
of our Sports Medicine Camp. See you in June!
The Longhorns® Sports Medicine Camp is designed for high school students who are interested in attaining basic Athletic Training knowledge and skills. The camp consists of lecture and laboratory sessions covering a variety of Athletic Training topics. For the student with previous camp or clinical experience, selected advanced lectures and labs are conducted. Participants also have the opportunity to meet with staff members who are instrumental in the selection of future UT athletic training students.

Students Will Learn

- Anatomy pertinent to athletic injuries
- Injury evaluation techniques
- Principles of injury prevention
- Principles of injury rehabilitation
- Emergency procedures
- Taping and wrapping techniques

Camper Quotes

- “I really liked meeting and getting to know other student trainers from other schools.”
- “I’ve been to other camps, and this was the best. Thanks.”
- “This camp was more informative and hands on.”
- “I like the one on one individual teaching that we get.”
- “I had an amazing time. I made some new friends and learned a lot.”
- “I had a great experience and I learned so much. Thank you for the wonderful experience.”
- “Y’all rock. This was a blast. I’ll be back!”
- “This was my first sports medicine camp experience, and you made it more than worthwhile. I had a blast.”
- “You provided me with so much information that I know will be useful in the training room at my own school.”
- “I really liked how there was a lot of hands-on teaching.”
- “Great camp... excellent instructors.”

Cost

Resident fee is $549. This includes housing in one of UT’s residence halls, all meals, camp manual, taping supplies, and a camp t-shirt.

Commuter fee is $499. This includes lunch and dinner, camp manual, taping supplies, and a camp t-shirt.

Don’t forget to order your official “Texas Sports Medicine” gear at time of online registration!

For More Information

Visit: sportsmedcamp.com

Questions?

sportsmedcamp@athletics.utexas.edu

“Per NCAA rules, this camp is open to any and all entrants and enrollment is only limited based on age, grade level, gender, or number restrictions as specified by each camp. NCAA guidelines prohibit payment of camp expenses by a representative of UT Athletics interest. NCAA rules also prohibit free or reduced admission for prospective student-athletes (9th grade and above).”