

# Longhorns Sports Medicine Camp

## 2022 INFORMATION PACKET

Welcome to the Longhorns Sports Medicine Camp, and welcome to the University of Texas. This packet contains important camp information. It should answer most of the questions you have about camp. Please read through it carefully. If you have any questions, please contact Allen Hardin, Camp Director via the email address listed below. We are excited to have you be a part of our camp and we're looking forward to your arrival on the Forty Acres!

Camp Check-In: **3:00-4:30pm** on **Friday, June 24** at **The Callaway House Austin.**

We are not responsible for unaccompanied campers prior to check in.

Camp Check-Out: **Monday, June 27** at (or before) **10:00am** at **The Callaway House Austin.**

### CONTACT INFORMATION

Allen Hardin – Camp Director  
Phone 512-232-5057  
Fax 512-232-5054  
E-mail [sportsmedcamp@athletics.utexas.edu](mailto:sportsmedcamp@athletics.utexas.edu)  
Website: [www.longhornssportsmedicinecamp.com](http://www.longhornssportsmedicinecamp.com)

### Emergency Phone numbers **during camp ONLY:**

Allen Hardin – Camp Director - (512) 748-0127 or [hardin@utexas.edu](mailto:hardin@utexas.edu)  
Brian Farr – Camp Director – (512) 762-4805  
Bethany Anderson – Dorm Supervisor – (715) 323-6387

**The Callaway House Austin:**  
**Front desk (512) 582-0200**

### MAILING ADDRESS

#### *Standard Mail:*

Longhorns Sports Medicine Camp / The University of Texas at Austin / Intercollegiate Athletics / P.O. Box 7399 / Austin, TX 78713-7399

#### *Overnight Mail:*

Longhorns Sports Medicine Camp / The University of Texas at Austin / Intercollegiate Athletics / 2139 San Jacinto Blvd. / RMRZ B1 / Austin, TX 78712

### **PAYMENT INFORMATION**

Final payment is due on **June 1, 2022**. Your account balance is available online. All outstanding balances will be charged to the method of payment used for registration on this date. Credit card payments may be made via your online camp account. You may also send check, money order, or cashier's check. Please write camper's name on all correspondence. **Cash will not be accepted at any time.**

If you have extenuating circumstances that require a payment deadline extension, please send your request to [sportsmedcamp@athletics.utexas.edu](mailto:sportsmedcamp@athletics.utexas.edu) for consideration.

### **REFUND and CANCELLATION POLICY**

The non-refundable \$250 deposit is not refundable for any reason at any time. Camp merchandise that has been ordered is non-refundable after June 1, 2022. Campers who cancel after June 1 will have their merchandise shipped to them after the conclusion of camp, if requested. As a courtesy, please notify the camp if you are unable to attend. We will have a waitlist and may be able to allow another camper attend.

Approved refunds will be issued based on the method of payment.

1. Fees paid by credit card will be refunded back to the same card.
  - a. If the credit card you use for payment is no longer active, please contact the camp director immediately.
2. Fees paid by check, money order, or cashier's check will have a refund check mailed from the University of Texas Accounting Office. This process may take 4-6 weeks.

### **MEDICAL FORMS**



**EVERY camper needs to complete the medical forms.** Forms must be completed electronically via Docusign. Forms can be completed by clicking here:

**[MEDICAL FORMS LINK](#)**



Medical forms must be completed prior to arrival at camp. Campers cannot attend camp if completed forms have not been received.

**YOU MAY NOT ATTEND CAMP WITHOUT COMPLETED MEDICAL FORMS.**

### **ONLINE CAMP ACCOUNT**

All campers have an online camp account created at time of registration. Your online account allows you to check your balance and camp order, make payments, print statements, update camper information, and purchase camp merchandise. (All merchandise orders must be submitted by June 1)

To access your account:

1. Go to [active.com](http://active.com)

2. Enter your username (e-mail address) and password. These were set up during registration. If you do not remember your password, click "I don't know my password".

### **AIRPORT SHUTTLE SERVICE**

Every summer we welcome campers from all across the country and around the world. We are unable to provide airport transfers. For information on ground transportation available upon arrival, please visit <http://www.austintexas.gov/department/ground-transportation>

### ***Unaccompanied Minor***

The parent/guardian of any a camper traveling as an unaccompanied minor should notify camp staff prior to registration. This notification should include airline and flight time, selected mode of transportation, and estimated arrival time, as well as cell phone numbers for both parent/guardian and camper. Although we cannot provide transportation, we do wish to ensure his/her safe arrival.

**Parents/guardians must authorize their child to fly or drive to/from camp if they are unaccompanied.**

This is accomplished by completing the information in the Medical Forms packet.

For more information on the Austin Bergstrom International Airport, please visit

<http://www.ci.austin.tx.us/austinairport/>

### **PERTINENT CAMP INFORMATION**



#### **ARRIVAL: Check-In**

Camp Check-In will be at **The Callaway House Austin located at 505 W 22<sup>nd</sup> St, Austin, TX 78705**. A map can be found here: <http://callawayhouseaustin.com/Map.html#>

Check-In will be from **3:00-4:30pm** on **Friday, June 24**. We are not responsible for unaccompanied campers prior to check in.

Parents are encouraged to help their son or daughter get their room setup and organized prior to dinner at 5:30pm, and our first camp meeting at 6:15pm. Please notify Allen Hardin via email at [hardin@utexas.edu](mailto:hardin@utexas.edu) if your son/daughter will arrive later than 4:30pm.

#### **DEPARTURE: Check-Out**

Camp Check-Out will be at the **The Callaway House Austin** on **Monday, June 27** at (or before) **10:00am**. If early departure is requested, please contact the Camp Director. Parents will need to make sure to collect all their son/daughter's belongings at this time.

#### **INSTRUCTION**

Instruction focuses on improving the student's knowledge and understanding of anatomy, injury evaluation and management, and other sports medicine concepts. Campers are grouped by age and skill level with a camper-to-counselor ratio of approximately 12:1. All instruction takes place at Belmont Hall or the Red McCombs Red Zone on the University of Texas campus.

## **SUPERVISION**

Campers are supervised at all times. Counselors stay in the residence hall with campers. In addition, the Callaway House Austin provides 24hr security, a 24hr front desk attendant, and a single point of entry.

## **COMMUNICATION DURING CAMP**

Camp staff will communicate schedule updates, announcements, etc. via the messaging app *Remind*. Communications sent through *Remind* are monitored. Camp staff are prohibited from communicating with campers via social media, direct messaging, text messaging, etc.

## **NIGHTLY CURFEWS**

Campers will be given a curfew every night of camp. It may vary based on the day's activities and times but will be clearly communicated to campers. All campers must adhere to the curfew time provided.

## **CAMP RULES**

At time of registration, every camper certified that he/she read and understood camp rules, recognized that the list may not be all-inclusive and that camper actions will be evaluated for appropriateness, and acknowledged that failure to follow these rules, or exhibiting unacceptable behavior, may result in the camper being dismissed from the remainder of the camp and sent home at his /her expense without a refund. These rules include, but are not limited to, the following:

1. If you drove here and are a resident camper, you must turn in your car keys. Your keys will be returned to you at check out when you return the parking pass. You will be charged \$75.00 if you do not return your issued parking pass.
2. You must attend all scheduled sessions and activities.
3. Videotaping of sessions is not allowed.
4. Campers may not leave the Longhorns Sports Medicine Camp group without a camp staff member's permission.
5. Campers may not leave the dorm without a camp staff member's permission.
6. Respect your roommate. If he/she wants to sleep, be quiet. If he/she doesn't want other campers in your room, go to their room.
7. Campers must adhere to curfew time and guidelines.
8. No visitors in the dorm. This includes campers from other camps.
9. If boys and girls are socializing in a room together, the door must remain propped open at all times, you must remain in the "common" area/living room, and there must be a group of at least three campers together. Boys and girls may not spend the night in the same room.
10. Noise should be kept to a minimum after curfew.
11. No alcohol, tobacco (including smokeless), or weapons are allowed. No exceptions.
12. Respect your fellow campers.
13. Respect the facilities and the people working in them.
14. No cursing or abusive language.
15. No food or drinks may be taken from the cafeteria.
16. No food or drinks are allowed in the meeting rooms / classrooms.
17. You are responsible for any damage to your dorm room, campus buildings or equipment that you use.
18. You will be charged a fee to replace a lost dorm room key, payable to the residence hall.
19. You are responsible for reporting any problems or concerns to a camp administrator.

## WHAT TO BRING

Proper attire for lectures and laboratory sessions, as well as a comfortable walking shoes, hat, umbrella, swimsuit, toiletries, bed sheets and pillows (or sleeping bag), towels, and some spending money (\$20-\$25). **No linen packets are available for rent.** You must bring sheets or sleeping bag and towels. Bed sizes will be either full or twin XL; full size sheets should be brought to accommodate either size.

**Longhorns Sports Medicine Camp assumes no liability for lost or stolen items. Please leave valuables at home and only bring what is necessary for camp.**

## EVENING ACTIVITIES

Aside from the lecture and labs, special activities are planned which include "the best camp talent show EVER".

## HOUSING & FOOD

Resident campers reside in **The Callaway House - Austin** -- the newly remodeled and luxurious residence hall at The University of Texas.

Campers will stay two or four to a room and roommates can be requested when registering online. Otherwise, roommates will be selected based on gender, age and/or grade. Please make sure that your camper and preferred roommate have written each other down on their respective registration forms. We will do our best to accommodate everyone's request. Breakfast, lunch and dinner are provided for all resident campers. Day campers receive lunch and dinner.

## PARKING

Parking is free for parents to drop-off campers at the Callaway House - Austin. Longhorns Sports Medicine Camp will not be responsible for fines incurred for illegally parked vehicles.

Parking fees will be charged for Day/Commuter campers that drive to/from campus and park at The Callaway House – Austin. The fees are posted and determined by the parking garage/attendant.

## TRANSPORTATION

Transportation is not provided while on campus, except in case of emergency.

### *Day/Commuter Campers:*

Day Campers will need to provide their own transportation to/from activities.

Commuter campers who are under age 18 and will drive to/from camp each day will need written parental consent. This is accomplished in the Medical Forms packet.

## MEDICATIONS



Prescription medications should be given to the camp staff at Check-in. Please place medications (in their original bottle) in a zip-lock bag with written instructions, dosage amounts, and times. If your camper is taking a general over the counter medication and is age appropriate and responsible enough to take the medication on their own, they may keep it in their room. However, please inform the camp staff about the medication during check-in. Also, please refer to the required medical forms packet to make sure the appropriate form for medications is filled out.

## SAFETY MEASURES

Every member of our staff has undergone a comprehensive criminal background check and completed training for child abuse awareness and reporting. With a camper to staff ratio of approximately 10:1, our staff of counselors maintains constant supervision throughout all camp activities. In addition, our housing facility is professionally staffed with 24-hour on-site security. Campers are not allowed to leave the housing facility or camp without supervision.

The Athletics Department subscribes to the WeatherData, Inc. SkyGuard® weather monitoring and alerting service. Directors are immediately notified and will remove campers from any potentially dangerous weather situation.

## VISITING CAMPERS

On the first day of camp, parents are encouraged to assist their sons/daughters get their room setup and organized. After checking in, parents are allowed to visit campers during the week while at the dorm. **However, parents are ONLY allowed in the lobby. PARENTS WILL NOT BE ALLOWED ON CAMPER FLOORS OR THE CAFETERIA.** If the need arises to depart camp during the week, a photo ID will be required and a written consent for any non-parent/legal guardian.

**Homesickness.** The Longhorns Sports Medicine Camp staff feels the camp experience is more than just improving sports medicine knowledge and skills. We strive for campers to have a great camp experience, meet new friends, and learn how to be on their own. We find that frequent visitations by parents or frequent telephone calls only enhance the problem rather than solving it. Please encourage your campers to speak with camp staff. We are here to help with any situation. We find that we can help much quicker if the camper comes straight to the camp staff, rather than speaking with a parent and then having the parent try to reach the camp staff.

## DISCIPLINE

The Longhorns Sports Medicine Camp wants to ensure that each camper has a positive camp experience. Misbehavior of one camper or a group of campers can negatively impact the experiences of others and our camp staff will make every effort to ensure that does not happen. We ask that all campers treat each other and the camp staff with respect, follow all camp rules, and exhibit behavior that has a positive impact on fellow campers. Failure to do so will result in a direct meeting with the Camp Director, contacting of parent or guardian, and possible removal from camp. Camp rules including curfews and limitations for use of free time will be adhered to.

## SCHEDULE

Camp sessions generally begin at 9:00am and go throughout the day until 9:00pm. Final daily schedule will be provided to campers at check in.

Sample camp schedule: [http://www.longhornssportsmedicinecamp.com/Sample\\_Schedule.htm](http://www.longhornssportsmedicinecamp.com/Sample_Schedule.htm)

## YOUTH PROTECTION PROGRAM (YPP)

All summer programs involving minors at The University of Texas at Austin follow guidelines set forth by the Youth Protection Program (YPP). The purpose of the YPP is to promote the safety of minors participating in camps or programs on university premises or participating in those programs sponsored or supported by the University. All camps and programs work closely with the YPP Manager to ensure

that every program operates in accordance with all of the university's policies, rules and regulations, as well as the laws of The State of Texas regarding the safety of minors. More information about the YPP is available online at [www.youthprotectionprogram.utexas.edu](http://www.youthprotectionprogram.utexas.edu), and questions can be directed to the YPP Manager at [ypp@utexas.edu](mailto:ypp@utexas.edu).

### **SOCIAL MEDIA COMMUNICATION**

Designated individuals will set their social media accounts to private for the duration of the camp. Personal emails, text messages, phone calls, and private social media communications with campers are not allowed.

Campers may stay in contact with the camp director, faculty or staff via the camp/program social media accounts on Facebook, Instagram, and Twitter. Personal emails, text messages, phone calls, and private social media communications with camp staff and faculty are not allowed.

### **CAMPUS CONCEALED CARRY INFORMATION**

#### **Senate Bill 11 (S.B. 11) Campus Carry Law**

On June 1, 2015, Gov. Greg Abbott signed S.B. 11, also known as the "campus carry" law. S.B. 11 provides that license holders may carry a concealed handgun throughout university campuses, starting Aug. 1, 2016. The law gives public universities some discretion to regulate campus carry.

The University of Texas at Austin and President Gregory L. Fennes take issues surrounding guns on campus very seriously and will strive to create policies that conform to the new law, protect the rights of citizens and ensure the safety and security of the entire campus.

S.B. 11 provides that after consulting with students, staff and faculty regarding "the nature of the student population, specific safety considerations and the uniqueness of the campus environment" the university may enact reasonable rules and regulations regarding:

- carrying of concealed handguns by license holders on campus; and
- storage of handguns in dormitories or other residential facilities

The law stipulates, however, that these rules and regulations may not either "generally prohibit" or "have the effect of generally prohibiting" license holders from carrying concealed handguns on campus.

The purpose of the Youth Protection Program (YPP) is to protect all minors in their university-sponsored activities and interactions involving members of The University of Texas at Austin community. Pursuant to S.B. 11 (the "Campus Carry Law"), the YPP Policy prohibits the carrying of a concealed handgun by any person involved in a University of Texas at Austin camp/program for minors. As a condition of their child's participation in a camps/programs parents and guardians who are visiting or transporting a participating minor to and from camps/programs at The University of Texas at Austin is prohibited from carrying a concealed handgun.

“PURSUANT TO SECTION 30.06, PENAL CODE (TRESPASS BY LICENSE HOLDER WITH A CONCEALED HANDGUN), A PERSON LICENSED UNDER SUBCHAPTER H, CHAPTER 411, GOVERNMENT CODE (HANDGUN LICENSING LAW), MAY NOT ENTER THIS PROPERTY WITH A CONCEALED HANDGUN”

Please see the [Campus Carry Implementation](http://www.campuscarry.utexas.edu/) (www.campuscarry.utexas.edu/) website for more information.